



Facilitated by ESS



Supported by Scottish Government

Third Sector Research Forum 'Collaborating for Impact' conference

Wednesday 9th October 2019

COSLA Conference Centre, Verity House, 19 Haymarket Yards, Edinburgh, EH12 5BH

Programme

- 9.45am – 10.15am Registration
- 10.15 am Welcome
Steven Marwick, Director, Evaluation Support Scotland
- 10.30 am What does impact mean to you?
A panel discussion with members of Third Sector Research Forum chaired by Louise Meikleham, Scottish Charity Regulator

11.05 – 11.25 am

Coffee

11.30 am

Morning workshops

*Choose to attend **one** of the 5 workshops from the descriptions overleaf*

12.30 – 1.15 pm

Lunch

At 1.15pm please make your way upstairs (or take lift) for the following:

1.20 – 2.20 pm

Lightening talks, posters and stands

*Choose to attend **3** out of 4 lightening talks, 2 posters and 4 stands*

2.25pm – 3.25pm

Afternoon workshops

*Choose to attend **one** of the 5 workshops from the descriptions overleaf*

3.30pm

Making sense of our learning today and what next?

Plenary session with our panel and call to action

4pm

Finish

By the end of the conference participants will:

- Know more about different types of research impact
- Know more about the importance and impact of collaborative research
- Have made connections or picked up concrete ideas about undertaking or using collaborative research

Morning Workshops 11.30am – 12.30pm

A Public Inconvenience: Better toilets for inclusive travel	Caledonian
Growing up a Reader (GuaR) – working with young peer researchers	Scott 1
Poverty, Attainment and Wellbeing: Making a difference to the Lives of Children and Young People – Reflecting on a Seminar Series	Scott 2
What do you mean I have a right to health?	Burns 1
Talent is equally distributed, opportunity is not ...	Burns 2

Lightening talks 1.20 – 2.20pm starting at 1.20pm, 1.40pm, 2pm

The principles of participatory research: a discussion	Scott 1
HIV Scotland – Writer in Residence exploring living with the stigma of HIV	Scott 2
Match Me? What works for adapted social housing lettings - Action research to enhance independent living for disabled people	Burns 1
Thinking about equality, diversity and inclusion	Burns 2

Posters **Upstairs lounge**

- Co-creating value: a participative approach to public service production
- A wee flutter – Evaluating the impact of peer theatre on gambling-related harm

Stands

Interface, Iriss, NHS Health Scotland, Third Sector Research Forum

Afternoon workshops 2.25 – 3.25pm

The Absent Voice: Domestic abuse victims and contact cases - a qualitative study	Caledonian
Collaboration for Impact: Moray House Read, Write, Count – the octopus sustained by scones	Scott 1
Storied Lives	Scott 2
Carnegie UK Trust and Children in Scotland: Co-creating knowledge	Burns 1
Collaborating to lead the way for mental health inclusion – See Me Workplace Equality Project (WEP)	Burns 2

You are welcome to replenish your tea and coffee throughout the day.

Morning Workshops 11.30am – 12.30pm

A Public Inconvenience: Better toilets for inclusive travel

Presenters: Dr Gill Matthews, University of Edinburgh, Pat Graham, PAMIS University of Dundee, Agnes Houston, Dementia Engagement and Empowerment Project, DRILL

Our research has explored the real, everyday challenges that disabled people face when finding and using toilets on journeys. Emerging themes:

- Many public toilets on common travel routes are not fit for use
- This is a disregard of Human Rights
- Real needs faced by people with impairments are not reflected by Standards and Regulations

The session will consist of a short film, and presentation of the project findings.

Room: Caledonian

Growing up a Reader (GuaR) – working with young peer researchers

Presenters: Katherine Wilkinson, Scottish Book Trust, Dr Jane Bonsall, University of Edinburgh

Growing up a Reader is a collaborative, interdisciplinary research project between the University of Edinburgh, Scottish Book Trust and the Museum of Childhood.

The project involved training for young researchers who interviewed their peers about what it means to be a reader from their perspective.

Our session will focus on: Creating impact using young and/or peer researchers, the impact the research findings have had on the partners, and how they have affected the design and delivery of programmes at Scottish Book Trust.

Room: Scott 1

Poverty, Attainment and Wellbeing: Making a difference to the Lives of Children and Young People – Reflecting on a Seminar Series

Presenters: Dr Joan Mowat, University of Strathclyde, Dr Gale Macleod, University of Edinburgh, Amy Woodhouse. Children in Scotland, Patricia Lyon, Place2Be

This session will provide an opportunity for participants to engage with members of the team who took the seminar series forward and to share our insights of the process and early impact. The session will involve:

- An introduction to the seminar series
- An overview of the key insights and implications to emerge
- A short video illustrating the work with children in two schools focussing on the children's sense of belonging to school
- Early impact and mechanisms for achieving impact
- A panel discussion including representation from our 3rd sector partners.

The key recommendations and sets of research briefs will be available.

Room: Scott 2

What do you mean I have a right to health?

Presenters: Derek Holliday and Duncan Easton, Glasgow Homelessness Network
Lauren Surgeon, Fife PAR group

This workshop explores what the right to health means to people who face inequalities and may struggle to access support.

You will hear about a small-scale participatory research study on the right to health for groups who experience health inequalities and barriers to the right to health: people with experience of homelessness and women asylum seekers and refugees.

We will show a film on the participatory research process and research findings and identify good practice in undertaking a participatory action research study.

Room: Burns 1

Talent is equally distributed, opportunity is not ...

Presenters: Dr Paula Forbes, Abertay University, Eona Craig and Nicole Sim, Articulate Cultural Trust

In a Scottish Government and ESF-funded initiative called Arts, Creativity and Employability (ACE), Abertay University joined forces with the newly created Articulate Cultural Trust to explore barriers to creative and cultural opportunities that care experienced young people face. Together with a small group of care experienced young researchers we set out see what's working and what isn't for care experienced individuals, and for the professionals in both the social care and the arts and culture sectors.

We will highlight the causes and levels of creative and cultural exclusion and the range of barriers that we are now tasked to overcome.

Room: Burns 2

Browse TSRF resources on TSRF stand in first floor lounge area

NEW resources:

- **'Be brave, ask, and keep trying!** A non-academic (and incomplete) guide to what to consider when looking for funding for third sector collaborative research', TSRF
- **Engaging evidence:** how communities can collect and make use of evidence, Knowledge Translation Network
- **The Zubairi Report** - the lived experience of loneliness and social isolation in Scotland, Voluntary Health Scotland

Lightening talks 1.20 – 2.20pm

Lightening talks will last for 15 minutes and repeated three times starting at 1.20pm, 1.40pm, 2pm. The posters and stands will be staffed during this time so you may choose to look at these instead of a lightening talk.

The principles of participatory research: a discussion

Presenter: Amy Calder, YouthLink Scotland, Allison Mathews, The National Lottery Community Fund, both are members of TSRF

Participatory research is fast becoming a popular go-to research method for engaging communities (of place, interest, identity) in research, but what is it and what are key principles?

At this interactive lightening talk, participants will have an opportunity to share their views on what is participatory research and the extent to which it could involve community members at every stage.

The results of this discussion and testing of ideas will help the Third Sector Research Forum to better define and communicate what participatory research is to a wider audience.

Room: Scott 1

HIV Scotland – Writer in Residence exploring living with the stigma of HIV

Presenter: Angela Spoto, University of Glasgow
Nathan Sparling, HIV Scotland

The Scottish charity HIV Scotland partnered with PhD student Angie Spoto to use creative activism to challenge HIV stigma. Using the power of creativity, we empowered people affected by HIV to tell their stories. Angie edited these stories into a collection *Disclosures: Rewriting the Narrative About HIV* published by Stewed Rhubarb Press, and we presented the book to politicians at the Scottish Parliament. How practiced-based research can have real impact on the local community.

Room: Scott 2

Match Me? What works for adapted social housing lettings. Action research to enhance independent living for disabled people

Presenter: Julia Lawrence, University of Stirling
Chris Baird, DRILL

The 'Match Me' research project tracked 28 disabled house-seekers over 12-months on their experiences of applying for suitable social-rented housing in three local authority case study areas.

The project was underpinned by a co-production approach, including a disabled-led Advisory Group and by training three self-identifying disabled Peer Researchers to conduct interviews with disabled housing applicants. Interview data was examined alongside discussions with key stakeholders involved within the allocation process (e.g. housing professionals and occupational therapists).

Room: Burns 1

Thinking about equality, diversity and inclusion

Presenter: Dr Kevin Guyan, Advanced HE

Collaboration between third sector and academic researchers presents huge potential for impact. However, as with evaluation work in general, it is vital to examine who has the opportunity to collaborate and who does not, and the structures that have impacted the formation of these relationships.

This lighting talk will apply an equality, diversity and inclusion lens to the topic of collaboration.

The talk will present a rapid outline of recent work in this area and share quick-fire EDI tips for researchers and practitioners looking to engage in collaborative work.

Room: Burns 2

Posters

Co-creating value: a participative approach to public service production

Kirsty Strokosh, University of Edinburgh

This poster presents the findings of European Commission funded research, exploring value creation in public service production. It explores the participative processes that take place during service design and delivery, with a particular focus on the role of service users, citizens and third sector organisations.

A wee flutter – Evaluating the impact of peer theatre on gambling-related harm

Christina Dineen and Chiara Marin, Fast Forward

The poster describes the development and findings of the impact evaluation for a school-based peer-theatre tour, including challenges and learning points.

Room: Upstairs lounge

Stands

Interface – Shelley Brockenbridge

Interface - The knowledge connection for business is a central hub connecting organisations from a wide variety of national and international industries to all of Scotland's universities, research institutes and colleges.

Iriss - The Institute for Research and Innovation in Social Services – Michelle Drumm
Iriss is a charitable company that promotes positive outcomes for the people who use Scotland's social services.

NHS Health Scotland – Grant Donaghy and Julia Green

NHS Health Scotland is a national Health Board working to reduce health inequalities and improve health.

Scottish Third Sector Research Fund – TSRF members, Andrew Paterson, Scottish Community Development Centre and Kiren Zubairi, Voluntary Health Scotland

The Scottish Third Sector Research Fund (TSRF) brings together third sector and public sector partners to promote and share research about and from the third sector.

Afternoon workshops 2.25 – 3.25pm

The Absent Voice: Domestic abuse victims and contact cases - a qualitative study

Presenters: Linda Rodgers, Edinburgh Women's Aid
Richard W. Whitecross, Edinburgh Napier University

This workshop will discuss and share information on research design, and will explore the ethical and practical issues that were considered in the collaboration between Napier University and Edinburgh Women's Aid. The workshop will cover:

- Developing a collaborative approach to qualitative research with a vulnerable group;
- How to address ethical and practical issues raised by qualitative research;
- Participant selection;
- Sharing emerging findings with research participants and communicating them with appropriate audiences.

Room: Caledonian

Collaboration for Impact: Moray House Read, Write, Count (RWC) – the octopus sustained by scones

Presenters: Gale Macleod, University of Edinburgh, Anne Renwick and Evelyn Love-Gajardo, City of Edinburgh, Rachel Laburn, Scottish Book Trust

The work of our successful collaboration between MH staff and students, City of Edinburgh (CEC) and the Scottish Book Trust (SBT) includes:

- Students' research highlighted the lack of teacher confidence in teaching of writing, which was addressed through CPD;
- Working with SBT and Family Learning on RWC allowed CEC to provide better training for schools
- Research on Family Learning support was shared with the Quality Improvement Officer writing the strategy paper on parental engagement;
- A survey on pupils' views on parental involvement in schools.

This session will focus on collaboration – a discussion of how it developed, how it works and what sustains it.

Participants will be invited to reflect on the potential of such collaboration for their own practice:

- What kind of work could a similar group do for them?
- What skills and knowledge would need to be available to such a group?
- What are the opportunities and challenges for developing collaborations in their own areas?

Room: Scott 1

Storied Lives

Presenters: Professor Karen McArdle FRSA, University of Aberdeen and Workers Educational Association, Pat Simpson, North East WEA Local Assoc.

We will explain our collaboration between the WEA and the University of Aberdeen, which made use of Narrative Inquiry.

We will generate discussion of people's storied lives and how documenting these lives has impact for the individuals concerned, for the listener and for the organisation.

We shall demonstrate ways of collecting stories and facilitate an opportunity for delegates to try this out for themselves.

We think the key to using Storied Lives depends on the interpretation and presentation of people's lives and we shall generate discussion about how this can be done, considering power and control, drawing on our experience.

Room: Scott 2

Carnegie UK Trust and Children in Scotland: Co-creating knowledge

Presenters: Pippa Coutts, Carnegie UK Trust, Amy Woodhouse, Children in Scotland

This workshop will explore the opportunities and barriers for the third sector in working with researchers to co-create and co-produce knowledge.

- We will ask participants for their experiences and look at some (pre-prepared) positive examples of where it has taken place.
- We will play a short video that will share personal experiences of undertaking co-created research and demonstrate different elements of key principles.

Room: Burns 1

Collaborating to lead the way for mental health inclusion – See Me Workplace Equality Project (WEP)

Presenters: Tom Scott, See Me, Jo Finlay, Mental Health Foundation, Professor Dora Scholarios, University of Strathclyde

See Me's Workplace Equality Project worked with four organisations to support them to embed a more inclusive, stigma-free working environment, focused on mental health. The workshop will involve group discussions about the processes, successes, challenges, and learning from, a collaborative approach to project design and delivery.

The development, implementation and evaluation of tools focused on addressing mental health in the workplace will be explored. Sharing and scaling of the project's three key learning points will be discussed. The workshop will conclude group feedback gained through discussions and concluding thoughts from the speakers.

Room: Burns 2

Conference Chair – Steven Marwick, Evaluation Support Scotland

Steven has been Director of Evaluation Support Scotland since it began in 2005. He also chairs the Third Sector Research Forum.

Our Conference Panel - Chair- Louise Meikleham

As an Engagement Manager for Policy and Research Louise works with OSCR's teams on data and analysis for performance management and internal thematic research, as well as collaborating with other researchers and commissioning external research such as the Scottish Public and Charity Surveys. She is especially interested in making the Scottish Charity Register available as open data for others to use. Since joining OSCR in 2008 she has enjoyed spells as Head of Change and Project Manager for the procurement and development of the OSCR Online database. Louise has a scientific background with a PhD from the School of Life Sciences at the University of Dundee.

Kerrie Friel is a passionate community activist on lone parent issues, a keen member of the Poverty Alliance - Community Activist Advisory Group (CAAG) for a number of years. She has spoken at different fora at national and EU levels - on lived experience of low income and is one of the volunteers currently undergoing training on framing how we talk about poverty in the media. Kerrie was chosen to give an input to the EU Poverty Roundtable in 2018 following her passionate testimony at the EU Meeting of People with Experience of Poverty in Brussels. Kerrie was instrumental in the Poverty Alliance Give Me 5 Campaign that led to the new Scottish Government Income Supplement for families on low income. She was also actively involved in the joint action research by the Poverty Alliance and Fife Gingerbread on the experiences of lone parents raising children on low income. Kerrie is a mother and a lone carer for a child with support needs.

Cassy Rutherford – Knowledge and learning officer at The Robertson Trust,

the largest independent grant making trust in Scotland. She has held research roles in the third, academic and private sectors and is a member of the Third Sector Research Forum, Knowledge Translation Network and a committee member for the Social Research Association Scotland Branch.

Jane Cullingworth is in the final stages of completing a PhD at the University of Glasgow, where she is affiliated with What Works Scotland. Her research explores the relationship between the third sector and the state, focusing on the involvement of Third Sector Interfaces in community planning. Jane has spent most of her working life in the third sector in a variety of roles from community developer to chief executive. She has worked in a number of communities in Scotland and Canada, including with women, immigrants and refugees, and LGBT+ communities.

Harriet Waugh – Senior Policy Officer, a former Social Researcher, Harriet is now in Policy where part of her role involves overseeing third sector funding for the current Children, Young People & Families Early Intervention and Adult Learning and Empowering Communities Fund and the upcoming Families and Communities Fund. Previous experience includes working in and collaborating across different sectors including local government, third sector and academia with a focus on integrating research and practice. Harriet has a background in contribution analysis and a keen interest in the sharing of evidence and good practice across different areas.

Lucy Mulvagh

Lucy is the Director of Policy and Communications at the Health and Social Care Alliance Scotland, and has previously worked in mental health, market research and international human rights. She sits on the Boards of Engender and Voluntary Health Scotland and is a Fellow of the RSA.