



How do you put simple evaluation systems in place that everyone in your organisation can buy into? Fife Young Carers shows us how they did it.

Fife Young Carers used to evaluate their work using ad hoc comments and occasional lengthy questionnaires. Nina Collins, Information and Liaison Officer wanted to make evaluation better and more systematic. So she attended Evaluation Support Scotland (ESS) [4 workshops](#) with funding from Community Food and Health Scotland.

Nina shared her learning from the training with other staff. They set aims and outcomes for the whole organisation using ESS templates. They looked at how they can tie individual young carers' assessments into the organisations outcomes.



They introduced more creative evaluation approaches to engage young carers at baseline and review. For example in their food and health work they have introduced *The Shopping Basket game*. Children are given pictures of foods and asked to put them in either a "Healthy Basket" or "Unhealthy Basket". This tests their current level of knowledge about food as group.

They have revamped their support group record, to create a structured staff observation sheet and give a more robust reflection on outcomes and progress.

What Nina said about our Evaluation Support Scotland workshops:

"Initially I was quite concerned about how I would be able to get the time away from other work to do the training. It made it easier that it was spilt into different days over a few weeks rather than all in one block. While it was hard taking that time out from an already stretched part-time post it was very worth while, and I think the fact that we now have focused on our outcomes it will help us with funding in the difficult times ahead."

For more information about evaluation methods click [here](#). Or [contact us](#) (0131 243 2770).