

Evaluation Method: Questionnaire

Overview

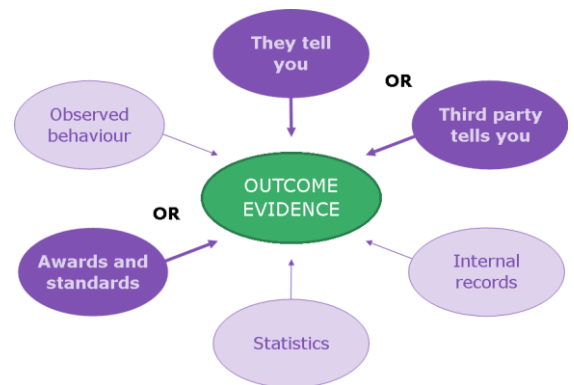
Paper-based list of questions with space to record answers.

What's required

- A copy of the questionnaire for each participant.
- A pen.
- Stamped, addressed envelopes (if applicable).

Process

- Use your outcome indicators to help you decide on the information you want to collect.
- Design questions, adapt or buy in pre-made questions that fit. These can include scales and other diagnostic tests. They can also include open questions.
- Always test your questionnaire before using with participants.
- Deliver the tool with clear instructions for completion.



Capturing evidence

Collect them in if face to face. Consider including a SAE if by post or provide clear response route if through email/online. Create a database or spreadsheet to record and analyse the responses. You may want to consider incentives.

Useful for

- Getting quick responses from large numbers.
- Getting the same type of information/answer from different people.
- Data collection and analysis can be simple.
- Flexibility in terms of question, interaction and purpose.
- Collecting quantitative and qualitative evidence.
- Easily testable and repeatable.



Warwick-Edinburgh Mental Well-Being Scale

Example

CLIENT QUESTIONNAIRE: Wave 1

Below are some statements about feelings and thoughts. Please tick the box that best describes your experience over the last 2 weeks

STATEMENTS	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	1	2	3	4	5
I've been feeling useful	1	2	3	4	5
I've been feeling relaxed	1	2	3	4	5
I've been feeling interested in other people	1	2	3	4	5
I've had energy to spare	1	2	3	4	5
I've been dealing with problems well	1	2	3	4	5
I've been thinking clearly	1	2	3	4	5
I've been feeling good about myself	1	2	3	4	5
I've been feeling close to other people	1	2	3	4	5
I've been feeling confident	1	2	3	4	5
I've been able to make up my own mind about things	1	2	3	4	5
I've been feeling loved	1	2	3	4	5
I've been interested in new things	1	2	3	4	5
I've been feeling cheerful	1	2	3	4	5

Client ID ____/____

That's all for now! We're most grateful to you for completing this questionnaire. Please put it in the envelope provided and return to the project coordinator. In about 6 months' time you will be invited to fill in another short questionnaire.