

# Evaluation Method: Stretch or Positive Statements

## Overview

These are simple statements that act as prompts for discussion or sharing experiences.

*Community members support each other and go the extra mile*

## What's required

A set of simple statements. These can be linked to the way things are done, how people feel, outcomes.

## Process

First you need to develop your statements. You can do this in a number of ways. You can work with people using appreciative enquiry to work out what matters or you can use your outcomes or indicators. See examples overleaf. You may need to reword your outcomes and indicators to suit this exercise.

Put each statement on a separate card. Ask people to choose a statement that prompts a memory of an experience they would like to share. Ask them to share that experience.

## Capturing evidence

Make a note of the statement picked and any emotions mentioned. Then record their words as accurately as you can.



## Useful for

Understanding what's important to people about the way they are treated. It can also be useful to help people reflect in what circumstances they get the best outcomes. It's a way of going beyond 'its fine' comments and getting more detailed feedback about what works (or doesn't).



## Examples of positive or stretch statements

*Community members support each other and go the extra mile*

*I feel calm and relaxed*

*I feel good about myself*

*Everyone can access high quality services*

*I feel accepted and respected*

*I am able to deal with my own affairs*

*We know other members of the group, each of our strengths and celebrate what we do well*

*I am able to take part in social events*

*There is a clear and fair way to apply for help*

*People feel safe and secure*

*I feel really listened to*

*I am reliable and meet my commitments*

*My needs are fully taken into account*